



www.davidcassel.com

Educational Programs

DCP The David Cassel Project - Acrobalance and Performance Training

The DCP is a unique training and performance project that integrates a variety of theatrical and sport techniques with a diverse array of live performance situations. Workshop students are given opportunities, during extended workshop programs, to advance through a system of skill plateaus and to publicly perform the skills learned upon completion of the extended training program.

Course Outline

Subjects in the curriculum include:

Physiology, Preparation and Theory
Systematic Physical Warm Up
Laban Technique (Movement Quality developed by Rudolph Laban)
Corporal Mime Technique (Structural theory developed by Etienne Decroux)
Balance
Acrobatics
Acrobalance (Beginning, Intermediate and Advanced Levels)
Plastiques (Cardiovascular/Memory Development system created by Jerzy Grotowski)
LeCoq Mime Technique (Dynamics/Illusions technique developed by Jacques Le Coq))
Vocal Development
Characterization
Narrative Development
Object Manipulation and Juggling
Choreography

Methodology

Classes are taught in a repetitive manner in a safe and healthy environment where students can train in processes of accelerated learning. New techniques are introduced on a schedule that, while tightly mapped, is governed predominantly by the student's aptitude and speed. The objective is to have the students perform all of the choreography and techniques learned in a special group presentation of 5 to 25 minutes. Duration and complexity of final performance is dependant upon the total number of hours pursued during training.



Workshop Formats

Workshops are available for students of all ages. Content of course of study is modified based on age range and ability

Introductory Workshops - A 2 hour class designed to introduce students to each of the items included in the curriculum. Provides an overview of topics to be studied in the extended program. Available for Beginner, Intermediate and Advanced studies at the primary, secondary and tertiary education level.

Class limit: 16. Total Hours: 2. One instructor

Weekend Workshop – 2 days, 6 hours per day. Available for Intermediate and Advanced studies at the primary, secondary and tertiary education level.

Class limit: 10. Total Hours: 12. One instructor

1 Week Masterclass - 5 days, 4 hours per day. Available for Intermediate and Advanced studies at the primary, secondary and tertiary education level. Low level skills are formed into a 5 minute presentation.

Class limit: 16. Total Hours: 20. One instructor

2 Week Masterclass - 10 days, 4 hours per day. Available for secondary and tertiary education level students only. Medium level Skills are formed into a presentation of 10 to 20 minutes depending upon skill level achieved.

Class limit: 16 Total Hours: 40. Two instructors required.

Residency Program – A four week program, 5 days a week, 6 hours a day for tertiary education level students only. Advanced level skills are formed into a presentation of 30 to 60 minutes in duration depending upon skill level achieved.

Class limit: 16 Total Hours: 120. Two instructors required.

Custom Designed Programs – A program of classes can be developed for integration into an existing program of study depending upon schedule and budget.

Tutorials – Individual classes in personal development can be organized on a student by student basis.

